

## Step 12 Parts 1 and 2 of 3 // Twelve and Twelve Notes

**1   2   3   4   5   6   7   8   9   10   11   STEP 12**

You cannot keep it unless you give it away. 

### **Discussion points as we read:**

1. *Part I, p106-109: Spiritual Awakening*
  - a. *P106,107: Talk about: the spiritual awakening you've had as THE result of working these steps*
    - i. *Haven't worked this step? How has your spirit 'awakened' since starting the steps?*
  - b. *P108: Reviewing all the steps to this point: Does your experience with the steps so far differ from the process outlined on p108? How?*
  - c. *P109: Discuss seeing this change in others*
  - d. *P109: Why is the "spiritual angle" in quotes here? Do you still believe there is a "spiritual angle" (or spiritual side) to the program of AA?*
2. *Part II, p109-111: Carrying the Message to the Alcoholic who still Suffers*
  - a. *P109: Discuss: your experience with trying to help "his brother alcoholic", even when you were/are "the newest of newcomers"*
  - b. *P110: Discuss: your positive experiences with a "Twelfth Step job well done"*
  - c. *P110: "even for those of us who feel unable to speak at meetings or ... who cannot do much face-to-face twelfth step work" Have you used this as an excuse to avoid being uncomfortable? Discuss the risk here. P110*
  - d. *P111: Discuss: your experience with "12<sup>th</sup> step experiences where we will seem to be temporarily off the beam"*
  - e. *P111: Discuss: maintaining humility while carrying the message*
3. *Part III, p111-125: Practicing these Principles in all our Affairs [separate handout]*

### **Glossary**

**Ardent** Very enthusiastic or passionate. (p111)

**Balked** Hesitate or be unwilling to accept an idea or undertaking (p108)

**Elated** In high spirits; exultant or proud. (p111)

**Hitherto** Until now or until the point in time under discussion (p107)

**Keenly** In an eager or enthusiastic manner. (p108)

**Paradox** A seemingly absurd or contradictory statement or proposition which when investigated may prove to be well founded or true. (p107)

**Rebuffs** eject (someone or something) in an abrupt or ungracious manner (p111)

**Relinquish** Voluntarily cease to keep or claim; give up. (p108)

**Succession** A number of things of a similar kind following one after the other. (p111)

1 2 3 4 5 6 7 8 9 10 11 **STEP 12**

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### Glossary

**Acute** present or experienced to a severe or intense degree (p117)

**Bereavement** Deprived of a close relation or friend through their death (p112)

**Breadwinner** A person who earns money to support their family, often the sole one. (p118)

**Calamity** An event causing great and often sudden damage or distress; a disaster. (p112)

**Catastrophe** See 'Calamity' (p113)

**"Chips off the same old block"** Being similar in fundamental nature (p123)

**Clamored** A strongly expressed protest or demand from a large number of people. (p120)

**Cowed** Cause (someone) to submit to one's wishes by intimidation (p123)

**Disillusionment** A feeling of disappointment resulting from the discovery that something is not as good as one believed it to be. (p114)

**Drastic** Likely to have a strong or far-reaching effect; radical and extreme. (p114)

**Ebb** gradually decrease. (p117)

**Extricated** Free (someone or something) from a constraint or difficulty. (p118)

**Fallacies** A mistaken belief, especially one based on unsound arguments. (p116)

**Fallible** Capable of making mistakes or being wrong. (p115)

**Fitful** Active or occurring spasmodically or intermittently; not regular or steady. (p123)

**Fortitude** Courage in pain or adversity. (p114)

**Grandiose** Impressive and imposing in appearance or style, often pretentiously so. (p123)

**Indifference** Lack of interest, concern, or sympathy. (p112)

**Infidelity** The action or state of being unfaithful to a spouse or other sexual partner. (p114)

**Lingering** Lasting for a long time or slow to end. (p114)

**Miserly** A person who hoards wealth and spends as little money as possible. (p120)

**Monotony** Lack of variety and interest; tedious repetition and routine. (p112)

**Perplexities** A complicated or baffling situation or thing. (p117)

**Prestige** Widespread respect and admiration felt for someone or something on the basis of a perception of their achievements or quality. (p114)

**Pomp** Vain and ostentatious display. (p124)

**Prodigies** An amazing/unusual thing, often one out of the ordinary course of nature. (p120)

**"Racking Dilemmas"** Extremely challenging problems (p125)

**Ruinous** Costing far more than can be afforded. (p123)

**Steadfastly** In a resolutely or dutifully firm and unwavering manner. (p112)

**Striving** Make great efforts to achieve or obtain something. (p118)

**Tack** a course of action or policy (p115)

**Tempered** Calmed (p114)